

**100 Useful Words for the Camino
Cien palabras utiles (mas o menos)
para el camino**

If you are going to spend 32 days walking through the Spanish countryside it would be good to learn a little of the language before you go. Not only is it courteous to make some effort, but a lot more fun if you can talk to some of the locals.

The idea of this lexicon is that it will start you off. Hopefully others will add useful words and phrases.

Basics

H is always silent in Spanish. **J** is pronounced like an aspirated *hua* **V** is pronounced like *bv*, but sounds more like *buh* to most of us **estranjeros**, and **ll** is said the *ll* in millions, but sounds more like *yuh* to most of us. **S** is pronounced with a hiss, and never like our zed. Accents show where to put the emphasis.

Everyone wants to know

De dónde es/son? Depending on whether you are more than one.

Soy /somos de Canadá (The accent puts the emphasis on the last letter Canadahhh)

Cómo se llama? (yah mah) What is your name?

Me llamo - My name is also **Mi nombre es** -

Mucho gusto - Nice to meet you. A pleasure to meet you

Encantada - Delighted " "

Hola (ola) hello **Adiós** goodbye

Buenos días good morning or good day **Buenas tardes** good afternoon

Days of the Week: lunes, martes, miércoles, jueves, viernes **Sábado**,
Domenico

Months of the Year: enero, febrero, marzo, abril, mayo, junio, julio,
agosto, septiembre, octubre, noviembre, diciembre

Time in general:

ayer, hoy (oy, the h in Spanish is ALWAYS silent), **mañana** - Yesterday,
today & tomorrow

esta noche, anoche - tonight, last night- **mediodía** noon, **medianoche**
midnight

actual - now

es temprano - it's early

es tarde - it's late

Estoy atrasado - I'm late

Time by the reloj (watch/clock) **Qué hora es?**

Son las ochos (8 o'clock) **y cuarto, y medio**. **Son las nueves** minus
cuarto.

Seasons

Spring, summer, fall, winter = **primavera, verano, otoño, invierno**

Weather - el Tiempo:

Hace frío (athay frio) – It is cold,

Hace calor - it is hot. But **Tengo calor** – I am hot

Hace nublado ...cloudy **hace de sol** -sunny

Hace viento (athay biento) – It's windy

Lluvia (yubia) rain

Nieve (niebay) - snow

Niebla fog

Hay tormentas y mal tiempos - doesn't mean the world is going to end only that there will be a storm

Directions :

De dónde esta.....? Where is? **El bar, el Mercado,** (more likely **el tienda** - the store), **el albergue peregrino . los servicios** (the toilets)

A la derecha, al la izquierdo (ithkee- erdo) to the right or left

Cerca (therka).... Near,,

Todo recto straight on or sometimes **derecho**

Lejos (lehos) – far, or more likely

Muy Lejos - very far. best yet,

No muy lejos - not very far

Aqui - Here

Estoy perdido I am lost

Podría (podreeah) me ayudar? Could you help me?

Finding a Place to Stay

At the Albergue del peregrinos, hostel, hotel,

Quisiera [keysee 'rah] I would like **una cama** a bed, **una habitacione** (abee tathione)

Hay cama ? (aye) Are there any beds/ Do you have a bed (for me)?

Si Yes **No** No

Con baño - with a bath- hotels only

Con agua caliente (hot water) - at the albergue

Solo agua frio (only cold water) - at some albergues

Cuanto cuesta? Ho much does it cost?

Uno, dos, tres, cuatro, cinco, seis, siete, ocho, nueve, diez, once, doce, trece, catorce, quince, dieciséis, diecisiete, dieciocho, dieci nueve veinte (bentay - 20), **treinta** (30) , **cuarenta** (40) **cinquenta** (50) **sesenta** (60), **setenta**(70), **ochenta** (80), **noventa** (nobenta 90) **cient** (thien 100)
Euros (eh oo ros)

Some Extra vocabulary for the albergue

Quiero ayudar - I would like to help.

Dónde está - where is

la fregona, (the mop),

el cubo (the pail),

la escoba (the broom)?

At the Store: A la Tienda

NB never **la gróseria** which means vulgar person

Two very important words for stores, and bars:

abierto open, **cerrado** closed/**pechado** in Galicia

Quisiera (keysee 'rah) (I would like) **Comprar** (to buy) **Por favour,**
senor/a

Frutas

cevezas -cherries

ciruela – plum **ciruela seca** - prune

melocotón peach

fresas – strawberries

higo (ee go) – fig

la mazana (manthana) – apple

membrillo - quince

naranja – orange **zumo** (thoo moh) - juice

plátano - (**plah** tano) banana

oovas – (ou-bvas) the grapes

Verdura - veg

aguacate – avocado

el ajo – (a ho) garlic

las patatas – potatoes

lechuga - lettuce

espinaca- spinach

pepino - cucumber

pimentón – sweet peppers

zanahoria - carrot

apio - celery

pan – bread

leche - milk **leche desnatada** – skimmed

nata - cream,

queso - cheese,

yogur - yoghurt,

almendras almonds, very good in Spain

castaña - chestnut

cacahuete - peanut

aceitunas – (athetoonas) olives , **con anchoa** very good

aceite de oliva – olive oil

vinagre – (beenagreh) vinegar

huevos - eggs **huevo duro** hard boiled

sacacorchos - a corkscrew

abrelatas - can opener

champú - shampoo

jabón - (ha bone) soap to wash you.. **en polvo** - powdered for your clothes

pasta de dientes - toothpaste

cepillo de dientes - toothbrush

hilo dental - dental floss

desodorante - deoderant

At the Bar in the Comedor (separate dining room)

Desayuno - breakfast, **almuerzo** - lunch y **comida** or **cena** (thayna) supper/dinner

Tengo sed I'm thirsty **hambre** (am bray) hungry

El menú de peregrinos special pilgrim meal. Two or three courses usually **con vino (blanco o tinto) e con pan**

agua - water

vino- wine **blanco o tinto**

cerveza (ther bay tha)- beer - **con limón** beer with fizzy lemon. Very good.

coñac brandy

hielo - ice often confused with **helado** - ice cream

bocadillo - sandwich

sopa soup **caldo** - broth

tortilla - yummy omelette, usually with onions and potatoes

paella - a dish with rice, saffron, shellfish (**mariscos**) and sometimes chicken - **pollo**

pan bread **con mantequilla** (mante keel yah) with butter
BUT **manteca** is lard

sel y pimienta salt and pepper

Mariscos - Seafood/fish

gambas - shrimp **a la plancha** - cooked on a grill

trucha - trout

percebes (perthebes) barnacles

vieira - (bvee ayra) scallop

los mehillónes (mayheel yones) mussels

almejas - (al may has) clams

pulpo octopus - a specialty in Galicia and very, very good and of course the ubiquitous **merluza** (merlootha) hake

cangrejo - crab

cigalas - crayfish

cazón - dogfish

caballa - mackerel

ostra - oyster

sepia, jibia - cuttle fish

atún or bonita -tuna and fish like tuna that is very good

caracol - snail

Verdura greens or just vegetables

alubias - beans as in cooked from dried **alubias negras** - black beans

judias verdes – green beans

cebollas - (thebolyas) onions

ensalada –salad-

ensalada mixta (meeth ta) all kinds of things including **espárragos** often

blancos

Salchicha - sausage

morcilla – blood sausage, specialty of Burgos

chorizo – sausage

Carne – meat

higado - liver

ternera, carne de vaca - beef **asado** – roast **rósbif?**

bistec o filete - beef steak **estofado** - stew **solomillo** - tenderloin steak

callos - (calyos) tripe or maybe just parts **lengua** - tongue

lomo – usually **de cerdo** pork loin **chuleta de cerdo** pork chop **costillas**

- spare ribs

jamon Serrano – salt cured ham

pollo - (polyo) chicken

cordero - lamb **chuletas de cordero** lamb chops

conejo - rabbit

pollo- chicken **pechuga** breast of chicken

Postres - dessert

Frutas – see under grocery store

torta – cake **torta de Santiago** – a delicious almond cake

pastel - more cake

galleta (dulce) - cookie

natillas - custard,

helado - ice cream

Con qué está servido what comes with that?

Por favour necesito un cuchara cuchillo (coocheelyo),tenedor, el salero una sevilleta (serbveel yetah) ? - May I please have a spoon, fork, knife, the salt , a napkin?

Por favour qué ingredientes tiene? Please tell me what is in this.

Tengo alergia a I have an allergy to - If you have one find out what it is called in Spanish BEFORE you go.

La cuenta, por favour, señor/a. May we have the bill please?

At La Farmacia (far ma thia) the drugstore:

**Quisiera (keysee 'rah) (I would like) comprar (to buy), Por favour
senor/a**

Compeed - Compeed blister bandages

Aspirina - aspirin

la venda - bandage

antihistamínico - (anti eesta meen ico)

analgésico painkiller

Phrases and words you don't want to need:

Estoy enfermo - I am sick **tengo la nausea, vomito**

Derribé I fell

Me sangra la nariz (nareeth) - my nose is bleeding.

Me torcí el tobillo (tor theee el tobil yo), la rodilla (rodil yo) -I twisted my ankle, my knee

Rompí mis gafas - I broke my glasses.

Me entró algo en el ojo (o ho) - there is something in my eye.

Me duela - (it hurts)

la cabeza, (my head)

la mano (my hand), **derecha, izquierda** - right , left

la espalda (my back),

el pie (my foot),

la pierna (my leg),

la oreja (oreha) (my ear),

la nariz (my nose)

el hombro (my shoulder),

el estómago - my stomach,

el brazo (bra tho), my arm

el dedo - (my finger),

el dedo del pie, my toe,

la muñeca (moon yekka), my wrist,

la planta del pie - the sole of my foot,

el tobillo, my ankle,

el rodillo, my knee

Me duela todo - everything hurts

La receta prescription

El jarabe - syrup

There are many word in Spanish that sound just like the word in English – same root, so your vocabulary is already bigger than you might think it is. There are others, however, that are completely different.

A few that you might like to avoid.

in Spanish

Actualmente = currently, presently, now	& really = en realidad
Advertencia = warning or advisory	& advertisement = anuncio
Asistir = attend	& assist = ayudar
Bizarro = brave	& bizarre = extraño or estrafalario
Carpeta = file, folder, portfolio	& Carpet = alfombra
Delito = crime, offence	& delighted = encantado
Educado = well-mannered, polite	& educated = con estudios
Embarazada = pregnant	& embarrassed = [sentirse] avergonzado
En absolute = absolutely not	& absolutely = totalmente
estar constipado = to have a cold	& constipated = estar estreñado
Éxito = success	& Exit = salida
Largo = long	& Large = grande
Librería = bookstore	& Library = biblioteca
Nombre = name	& Number = número
Pretender = want	& Pretend = fingir
Raro = strange	& Rare = poco común
Recordar = remember	& Record = grabar
Ropa = clothes, clothing	& Rope = cuerda, soga
Sensible = sensitive	& Sensible = sensato
Sopa = soup	& Soap = jabón
Vaso = glass	& Vase = florero

Buen Camino